

Over The Hill - Ilfracombe October 2020

Day/Length/Grade	Description	Start	Leader	Comments	Links to walk descriptions / useful websites (Note walks may be shortened or adapted from descriptions)
Wednesday 14th	No walk scheduled				
Thursday 15th					
Longer 8 mls Medium/Hard	Ilfracombe, Lee Bay and the Torrs	Walk Start Time: 10:00 Walk from the hotel	Finola Delemare	From the hotel including an old railway line/ (now national cycleway 27), along quiet lanes and the coast path. Steep up/down the Torrs, the longer walk extends to Borough Valley and a steep hill at of Lee Bay.	https://www.northdevon-aonb.org.uk/sites/default/files/users/ndaonb1/Compressed%20AONB%20Wrecker%2C%20Railways%20and%20Rockpools.pdf
Shorter 7 mls Medium	Ilfracombe and the Torrs		Dave Denton	Chance to look round the Capstone and Harbour at Ilfracombe at the end of the walk.	
Friday 16th					
Longer 8.5 mls Challenging	Valley of the Rocks and Watersmeet from Lynmouth	Walk Start Time: 11.00 (20 miles/40min drive - suggest leave hotel at 10:00)	Barri Stirrup	A challenging route exploring everything that Lynmouth has to offer, including breathtaking coastal views, inspirational rock formations, Iron Age hillforts and Danish invaders, and riverside walks between thickly-wooded hillsides teeming with wildlife.	https://www.southwestcoastpath.org.uk/print-walk/257/
Shorter 5 mls Medium/Hard	Watersmeet from Lynmouth (chance for some sightseeing after the walk eg Valley of the Rocks, Funicular railway)	Meet Location: The Esplanade, Lynmouth, EX35 6EQ - £4.50 all day (or included in 4 day season ticket)	Derek Ward	Breathtaking woodland and riverside walk with a coastal stretch high above the dark waters of Lynmouth Bay and dramatic views from a tree-clad hill flanking the village. Best in autumn as the trees are turning and the woodland rings with the sound of the birds feasting on its wild harvest. Features in 'Britain's Best Walks with Julia Bradbury'.	https://www.southwestcoastpath.org.uk/print-walk/255/

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Saturday 17th					https://www.nationaltrust.org.uk/heddon-valley
Longer 9 mls Moderate	Bull Point, Lee Bay and Morte Point	Walk Start Time: 10:30 (6 miles/15 min drive to start) Meet Location: Morte Hoe car park EX34 7DT - £4.40 all day (or included in 4 day season ticket)	Dave Stanford	An inspiring walk through an area of rare coastal heathland, look out for seals and even dolphins. The deadly 'devil's teeth' rocks along the spine of Morte Point have been responsible for many shipwrecks over the centuries. Visit in autumn, when the small flocks of migrant seabirds passing by offshore can sometimes include rare breeds among the terns and kittiwakes.	https://www.southwestcoastpath.org.uk/print-walk/116/
Shorter 5.5 mls Moderate	Bull Point & Lee Bay	Walk Start Time: 10:30 (4 miles/15 min drive to start) Meet Location: Lee Bay free parking, EX34 8LR (NB narrow lanes to access)	Dave Denton	A rollercoaster walk, inland at first through ancient woodland and coastal farmland to a medieval barton. Lee Bay is renowned for the fuchsia hedges around its cottage gardens, and its secluded beach was the perfect place for smugglers to land their contraband.	https://www.southwestcoastpath.org.uk/print-walk/665/
Sunday 18th					
Longer 8 mls Challenging	Heddon Mouth, Hunters Inn and Martinhoe Roman Fortlet	Walk Start Time: 11:00 (14 miles/30 min drive to start) Meet Location: National Trust Car Park at Hunter's Inn - EX31 4PY (free for National Trust members)	Barri Stirrup	A wonderful walk along a green Roman carriageway high above the sea, winding through rocky scree-clad hillsides covered in old oak woodland, boasting one of England's highest coastal waterfalls in a key geological site.	https://www.southwestcoastpath.org.uk/walksdb/250/
Shorter 5.5 mls Challenging		Derek Ward	https://www.southwestcoastpath.org.uk/walksdb/251/		
Monday 19th	No walk scheduled				